

# Welcome to

# ROCKFISH

## Allergens Menu

### Please Read


Please advise us if you have an allergy and we can offer advice on our menu. We offer a gluten free option for all of our dishes and have worked closely with our suppliers and Coeliac UK to make every effort to provide you with accurate allergen information (correct at the time of printing). Please use this document as a guide only to help you assess your own level of risk based on your personal circumstances. Be aware that our kitchens handle a range of allergens & therefore there is a risk of airborne contamination and cross contamination. Guests with severe allergies are advised to assess their own level of risk and consume dishes at their own risk.

2020-07.03

 Celery	 Mustard
 Crustacean	 Nuts
 Egg	 Peanuts
 Fish	 Sesame
 Gluten	 Soya
 Milk	 Sulphites
 Molluscs	 Lupin











Deck Menu	2	Burgers	5
Appetisers	2	Children's Meals	5
Sauces	2	Drinks	5
Starters	3	Sides	6
Main Courses	4	Desserts	7



Our entire menu can be prepared gluten free upon request. When it is prepared this way it is suitable for Coeliacs. Our gluten free batter does not contain any allergens. Please see allergens statement on front of this document. **When cooked in our gluten free pan the dishes may contain traces of** 

## DECK MENU

---

Fish & Fries          

---

Sausage & Fries          

---

Kids Fish & Fries          

## APPETISERS

---

Green Olives from Seville

---

(Anchovy Mayonnaise   )  
& (Sourdough )

---

Sweet Chilli Peppers

---

Sweet & sour pickled peppers  
from northern Spain

## SAUCES

---

Tomato Sauce 

---

Malt Vinegar Mayo

## STARTERS

---

### Tempura Prawns with Singapore Chilli Sauce

(King prawns 🦞) fried in crisp tempura batter served with (Singapore chilli sauce 🐟🌶️)



### Crisp (Fried 🌿) Baltic Whitebait & Tartare Sauce 🐟

Wonderfully flavoured juicy (whitebait 🐟), caught sustainably & fried crisp served with our (tartare sauce 🥚🍷🌿🍷) & lemon. 🐟



### Mount's Bay (Sardines 🐟) From the Tin

We bought the first fish of the summer season when they were at their best then we canned them with just olive oil.

Served with capers onions, (sourdough 🌿)

& (sardine mayonnaise 🐟🍷🥚)

### Crisp (Fried 🌿) Salt & Pepper Brixham Calamari

(Crispy cuttlefish 🐙), sprinkled with a fragrant mix of peppercorns & sea salt served with (chilli sauce 🐟🌶️)



### Half Pint of Norwegian Prawns 🐟

Caught in ice cold Arctic waters, these (prawns 🦞) are delicious & sweet. The best we've ever tasted, served shell-on with (cocktail sauce 🥚🍷🐟🌿)

### Crisp (Fried 🌿) Salt & Pepper Halloumi

Slices of (halloumi 🧀) fried crisp & dressed with a fragrant mix of 4 different peppercorns & sea salt. Served with

(sriracha mayonnaise 🍷🥚)



## MAIN COURSES

### BRIXHAM FISH & SHELLFISH

Today's Local (Fish 🐟)  
& (Shellfish 🍤 🦀)

Every day our restaurant receives fresh deliveries direct from the Brixham fish market and our own trawler 'The Rockfisher'.  
Your waiter will write on the tablecloth what's fresh in today and how our chefs will cook it for you.

Chargrill 🍷 🐟 🍤

Plancha 🐟

Fried 🐟 🦀 🍤 🍷 🌿  
(Rockfish batter 🍷 🍷 🍷 🌿)

### FRIED FISH

#### Traditional Fish & Chips

These fish are caught in the ice cold waters of the Barent Sea which is one of the most sustainable fisheries in the world, the quality is superb.

Prime Cod Fillet 🐟

We use a special thick cut of prime cod loin prepared daily from only the largest fish 🍷 🍤 🍷 🌿 🍷 🐟 🍷 🍷 🌿

Line Caught Haddock Fillet 🐟

A prime whole fresh fillet fried with the skin on for maximum juiciness & flavour 🍷 🍤 🍷 🌿 🍷 🐟 🍷 🍷 🌿

## BURGERS

### Fish Sandwich

(Breadcrumbs 🌾 🥛 🍷) & fried (fish 🐟) of the day with iceberg, lemon & (tartare sauce 🍷 🥛 🌿 🌱) in a (soft brioche bun 🌾 🥛 🍷) 🌱 🥛 🍷 🌿 🌱

### Southern Fried Chicken 🐟 🌿 🍷

Chicken breast (fried 🌾) in a (spiced coating 🍷 🥛), served in a (soft brioche bun 🌾 🥛 🍷) with lightly curried (sweetcorn relish 🥛), (mayo 🍷 🥛), red onion & fresh coriander

### Beyond Meat 🐟 🌿 🍷

(A burger made from soy, mushrooms, pea protein, spices & herbs 🌿 🌱), served in a poppy seed bun & garnished with pickles, lettuce, tomato, red onion & (miso mayo 🥛 🌱), topped with melted cheese

## CHILDREN'S MEALS

includes fries & garden peas

(Fried 🌾) (Pollack 🐟) 🐟 🌿 🍷 🌱

Grilled (Cod 🐟) 🐟 🌿 🍷

(Fried 🌾) (Halloumi 🥛) Sticks 🐟 🌿 🍷 🌱

Children's meals include an ice cream  
& a free Ocean Protector Pack

## DRINKS

All of our wines contain 🌱 other than Louis Barthelemy  
Champagne. Picpoul contains 🐟 & 🥛

### Seafood Coast

Malted Barley, Wheat -  
suitable for vegetarians

### Joe's Beer

Malted Barley - suitable for  
vegetarians

## SIDES

(Fried 🌾) (Pickled 🥒) Onion Rings 🥑 🥛 🌿 🍷 🐟 🌞 🍻

Mushy Peas 🥑

Curried Mushy Peas 🌿 🥑

Fries with Malt Vinegar Mayonnaise 🐟 🌞 🥑 🍻 🥒 🌿

Garden Peas with (Butter 🥑)

Mr Sandhu's Curry Sauce 🌿

(Sourdough 🌾) Bread With (Sea-salted Butter 🥑)

Mixed Salad (classic vinaigrette 🥒 🥑)

Anchovy Mayonnaise 🥑 🐟 🥑

Rockfish Tartare Sauce 🥑 🥑 🌿 🥒

# DESSERTS

---

## Devon Vanilla Ice Cream 🍦🍫🍪🍪🍪

Made from luxurious Devon cream to our recipe, with all natural ingredients.

Served with (chocolate 🍫🍪🍪), (toffee 🍦🍪🍪) or (strawberry 🍫🍪🍪) sauce & a (wafer 🍪)

---

## Eton Mess 🍪🍪

Freshly made each day with local strawberries, crushed (meringue 🍪), fresh (cream 🍦) & (strawberry 🍫🍪🍪) sauce

---

## Fisherman's Coffee

Cognac & Amaretto di Sorrono topped with fresh (double cream 🍦). The perfect end to a seafood dinner

---

## Baked Alaska 🍷🍦🍪🍪

Homemade passion fruit ice cream & smooth Italian meringue, baked in a hot oven

---

## Crisp Fried Churros 🍫🐟🍷🍪🍪🍪🍪

With (toffee 🍦🍪🍪 sauce)

---

## Galician Cheesecake 🍦🍪🍪🍪

A luxurious creamy cheesecake made to a recipe from northern Spain served with (toffee 🍦🍪🍪 sauce)

---

## Pineapple Upside Down Cake 🍷🍦🍪🍪

A steamed sponge syrup pudding with pineapple served with (fresh cream 🍦)

---

## Chocolate Nemesis 🍦🍫🍪🍪

A wonderfully rich soft cake for the chocolate lover, served with (clotted cream 🍦) & (popping candy 🍦🍫)